



Atlanta Therapeutic Collective

# LGBTQIA2S+

8-Week Low-Cost Virtual Group  
Therapy & Education Program



## PRIDE & PROGRESS

Atlanta Therapeutic Collective is proud to announce our newest group therapy & education program, Pride & Progress! This group will be held virtually and is open to any LGBTQIA2S+ identifying adult in Georgia. Over the course of 8 weeks, we will learn about mental health & well-being, healthy relationships and communication, sexual health and pleasure, and build a supportive community of peers in Georgia. Submit an interest form today to learn more!

- **TUESDAYS 6:00 - 8:00 PM**
- **STARTING SEPTEMBER 2023**
- **ONLINE VIA ZOOM**



**\$25\* per session**

8-week commitment  
\*Sliding scale pricing available



## THE PROGRAM

**Mental Health & Well-Being**

**Coping Skills for Anxiety & Depression**

**Managing Stress & Burnout**

**Gender & Sexual Identity**

**Healthy Relationships & Communication**

**Sexual Health & Pleasure**

**Body Positivity & Self-Esteem**

**Building Community**

**SUBMIT AN INTEREST FORM  
FOR MORE INFORMATION**



[https://tinyurl.com/  
ATCLGBT](https://tinyurl.com/ATCLGBT)

[www.atlantatherapeuticcollective.com](http://www.atlantatherapeuticcollective.com)